

# ATHLETICS

## TROOP MEETING PLAN

Date \_\_\_\_\_ Week 1

Activity	Description	Run by	Time
<b>Preopening</b> _____ minutes	Set up a 3-hole Frisbee golf course for Scouts. Also have a fitness chart to test each Scout on basic fitness skills; check for improvement during the month.		
<b>Opening Ceremony</b> _____ minutes	<ul style="list-style-type: none"> <li>• Form troop into semicircle</li> <li>• Repeat Scout Oath</li> <li>• Present colors</li> <li>• Repeat Pledge of Allegiance</li> </ul>		
<b>Skills Instruction</b> _____ minutes	<ul style="list-style-type: none"> <li>• New Scouts work on fitness skills. Record best number of pushups, pullups, standing long jump, and 500-yard run/walk (<i>Boy Scout Handbook</i>).</li> <li>• Experienced Scouts review a map of the area for the outing and plan action archery biathlon and Frisbee golf course.</li> <li>• Older Scouts work on the Venture/Varsity program or begin working on several intertroop games for field day.</li> </ul>		
<b>Patrol Meetings</b> _____ minutes	Discuss plans for the outing this month and make sure everyone knows what their assignments are and what to bring. Any Scouts who have not been camping yet will need extra help. All other patrols plan activities to work on advancement. Plan any meals that will be needed for the outing. If it is going to be an overnight, begin to make plans for equipment distribution and tentage needs.		
<b>Interpatrol Activity</b> _____ minutes	Everybody Up (included in the introduction to this program feature.)		
<b>Closing</b> _____ minutes  Total 90 minutes of meeting	<ul style="list-style-type: none"> <li>• Have a Scout explain what sportsmanship means</li> <li>• Scoutmaster's Minute</li> <li>• Retire colors</li> </ul>	SM	
<b>After the Meeting</b>	Patrol leaders' council reviews next meeting and plans for the outing. Begin work on next month's program feature.		