

# ATHLETICS

## TROOP MEETING PLAN

Date \_\_\_\_\_ Week 4

Activity	Description	Run by	Time
<b>Preopening</b> _____ minutes			
<b>Opening Ceremony</b> _____ minutes			
<b>Skills Instruction</b> _____ minutes	<ul style="list-style-type: none"> <li>• New Scouts post scores for the following activities to show improvement: pushups, pullups, situps, standing long jump, and 500-yard run/walk.</li> <li>• Experienced Scouts work on a menu of high-energy foods to have during the outing.</li> <li>• Older Scouts work on the Venture/Varsity program or help younger Scouts.</li> </ul>		
<b>Patrol Meetings</b> _____ minutes	Review all the events for the field day. If your patrol is small, one or two Scouts may have to compete twice in the same event. Practice two of the events for the outing.		
<b>Interpatrol Activity</b> _____ minutes	Crossing the Alligator Pit ("Program Specialties" section of this book)		
<b>Closing</b> _____ minutes  Total 90 minutes of meeting	<ul style="list-style-type: none"> <li>• Scoutmaster's Minute</li> <li>• Retire colors</li> </ul>	SM	
<b>After the Meeting</b>	Patrol leaders' council reviews next meeting and checks last-minute details for outing. Finalize work on next month's program feature.		