

# HEALTH CARE

## TROOP MEETING PLAN

Date \_\_\_\_\_ Week 2

Activity	Description	Run by	Time
<b>Preopening</b> _____ minutes			
<b>Opening Ceremony</b> _____ minutes			
<b>Skills Instruction</b> _____ minutes	<ul style="list-style-type: none"> <li>• New Scouts work on first aid for burns and scalds, puncture wounds, and bite of rabid animal or poisonous snake.</li> <li>• Experienced Scouts continue planning for health care and drug awareness display, or work on Personal Fitness merit badge.</li> <li>• Older Scouts work on the Venture/Varsity program or continue planning for drug awareness rally.</li> </ul>		
<b>Patrol Meetings</b> _____ minutes	Review Scouts' assignments for health care and drug awareness display. Check to see if anyone needs outdoor activities to pass advancement requirements in hiking, cooking, camping, or nature.		
<b>Interpatrol Activity</b> _____ minutes	<p>The Struggle  <i>Equipment:</i> None.  <i>Method:</i> Two Scouts face each other about a yard apart. They stretch arms out sideways, lock fingers of both hands, and lean toward each other until chests touch. The Scouts then push chest to chest.  <i>Scoring:</i> The winner is the one who drives the other to the wall or a goal line.            Also do Indian Leg Wrestling from the "Program Specialties" section of this book.</p>		
<b>Closing</b> _____ minutes  Total 90 minutes of meeting	<ul style="list-style-type: none"> <li>• Scoutmaster's Minute</li> <li>• Retire colors</li> </ul>	SM	
<b>After the Meeting</b>	Patrol leaders' council reviews next meeting and plans for the drug awareness display. Continue work on next month's program feature. Troop committee holds board of review. Plan a court of honor if one is needed.		