

PHYSICAL FITNESS

TROOP MEETING PLAN

Date _____ Week 3

Activity	Description	Run by	Time
Preopening _____ minutes			
Opening Ceremony _____ minutes			
Skills Instruction _____ minutes	<ul style="list-style-type: none"> • New Scouts and experienced Scouts run the indoor obstacle course developed by the older Scouts. • Older Scouts work on the Venture/Varsity program or continue practice on Everybody Up, Inchworm, Human Ladder, and the Boy Scout Shuffle. Prepare to demonstrate these as part of the decathlon. 		
Patrol Meetings _____ minutes	Discuss plans for this month's outing. Practice two more of the events for the decathlon. All patrols plan activities to work on advancement.		
Interpatrol Activity _____ minutes	Dodge Ball and Jump the Shot ("Program Specialties" section of this book)		
Closing _____ minutes Total 90 minutes of meeting	<ul style="list-style-type: none"> • Scoutmaster's Minute • Retire colors 	SM	
After the Meeting	Patrol leaders' council reviews next meeting and plans for the decathlon. Continue work on next month's program feature.		